



**How You Can Help** 

## **OUR APPROACH:**

At Domus, we give people the choice of Thanksgiving or staple food items, which helps families get through a long school break without school-provided breakfast and lunch.

**WHAT HELPS FAMILIES THE MOST:** What families tell us is most helpful is when they can pick up a complete bag of food (see lists below) in a reusable shopping bag OR bulk amounts of the items below. **No items should require refrigeration.** 

**Thanksgiving bags:** potatoes, gravy, mac and cheese, canned veggies (corn/green beans), stuffing, corn bread mix, dessert of some sort, juice (preferably powdered), and a \$25 grocery gift card they can use for meat or other special items

**General bags:** cereal and/or oatmeal, tuna, peanut butter and jelly, bread, rice, beans, snack items, mac and cheese, pasta and sauce, and a \$25 grocery card they can use for meat or other special items

**THE FINE PRINT:** Domus needs all items in hand at our 83 Lockwood Avenue site (East Side of Stamford) by Friday, November 17th at 5pm. Please get buzzed in through the front of the building on Lockwood Avenue.

Email Melissa (mbramble@domuskids.org) or text (203.219.1617) with any questions. THANKS ♥ for your big hearts and plentiful love.

