

## Hygiene Items 2020

## **Female Hygiene Items**

Baby powder

Body spray / perfume

Fruity, youthful smells

**Dental floss** 

Deodorant

Suave, Secret, Dove, etc.

Face wash

Fragrance free or exfoliating

scrubs

Feminine pads – thin and thick

Preferred over tampons

Flavored Chap Stick

Girls razors and blades

Hair clips - big and small

Lotion- fruity smells

Mouth wash

Pony tail bands – dark colors

Soap bars

Dove, unscented, exfoliating,

nutrients

Tampons – all absorbencies

Tooth brush

Tooth paste

## Male Hygiene Items

Antiperspirant / Deodorant – Degree

Bar soap / wash - Dove

Body Spray – Axe

Body wash / spray – Axe

Boxers

Chap Stick – Blistex

Head and Shoulders shampoo

Laundry detergent - Tide

Lotion

Vaseline for Men

Coco Butter lotion

Nail clippers

Razors with blades

Shampoo – Garnier Fructis preferred

Socks – all adult sizes/types

Soft bristle brushes / combs

Tooth paste - any kind

Toothbrush

Toothpaste

Wave Grease